

NJCAA Region I Cross Country Championships  
 Hosted by Pima Community College  
 Silverlake Park, Tucson, AZ - 10/25/2019

Wingfoot Finish \* [www.wingfootfinish.com](http://www.wingfootfinish.com)

Event 1 Men 8K Run

Place	TmPl	Bib	Name	Year	School	Finals	Pace
1	1	6304	James Kapel	FR	Central Arizona	25:20.4	5:06
2	2	6301	Habtamu Cheney	SO	Central Arizona	25:24.2	5:07
3	3	6306	Aaron Orar	FR	Central Arizona	25:27.9	5:08
4	4	6337	Flyn Fuhrmann	SO	Mesa	25:35.7	5:09
5	5	6339	Andrew McCumber	SO	Mesa	26:09.6	5:16
6	6	6323	Logan Harris	SO	Glendale	26:28.0	5:20
7	7	6305	Noah Olmos	FR	Central Arizona	26:32.6	5:21
8	8	6336	Jalen Chee	SO	Mesa	26:36.7	5:22
9	9	6303	Morgan Fowler	FR	Central Arizona	26:57.2	5:26
10	10	6352	Rsun Miller	SO	Paradise Valley	27:04.6	5:27
11	11	6365	Juan Miranda	SO	Pima	27:05.6	5:28
12	12	6364	Aaron Espinoza	SO	Pima	27:09.2	5:28
13	13	6353	Jihad Nodman	FR	Paradise Valley	27:11.1	5:29
14	14	6350	Brycen Brown	FR	Paradise Valley	27:16.0	5:30
15	15	6356	Mark Wogan	FR	Paradise Valley	27:17.5	5:30
16	16	6355	Christian Tamura	FR	Paradise Valley	27:18.2	5:30
17	17	6340	Bryan Mendez	FR	Mesa	27:29.2	5:32
18	18	6341	Jonathan Respress	SO	Mesa	27:40.9	5:35
19	19	6307	Joseph Riddle	FR	Central Arizona	27:42.7	5:35
20	20	6325	Muhoza Ndimubera	FR	Glendale	27:49.8	5:36
21	21	6363	Alex Corrales	FR	Pima	27:49.9	5:36
22	22	6302	James Fincher	FR	Central Arizona	28:04.3	5:39
23	23	6324	Brandon Jirak	SO	Glendale	28:08.9	5:40
24	24	6354	William Ryan-Johnson	FR	Paradise Valley	28:33.2	5:45
25		6311	Bryan Brown	SO	Estrella Mntn	28:38.7	5:46
26	25	6368	Zach Zobak	FR	Pima	29:07.3	5:52
27	26	6322	Fidel De Los Rios	FR	Glendale	29:16.5	5:54
28	27	6342	Owen Jackson	FR	Mesa	29:20.8	5:55
29	28	6366	Brandon Moreno	FR	Pima	30:06.4	6:04
30		6314	Alan Winter	FR	Estrella Mntn	30:11.6	6:05
31		6312	Axel Roman	SO	Estrella Mntn	31:28.2	6:20
32		6313	Anthony Vela	SO	Estrella Mntn	31:29.5	6:21
33	29	6327	Chris Parsons	FR	Glendale	31:53.1	6:25
34	30	6338	Victor Villalvazo	FR	Mesa	33:14.4	6:42
35	31	6328	Paul Vega-Soto	FR	Glendale	33:32.0	6:45
36	32	6326	Glen Osborn	FR	Glendale	34:23.4	6:56

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Team Scores

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1.	22	Central Arizona	(	25:56.5	2:09:42.3	1:36.8)
=====						
1	1	6304 James Kapel	FR	25:20.4		
2	2	6301 Habtamu Cheney	SO	25:24.2		
3	3	6306 Aaron Orar	FR	25:27.9		
4	7	6305 Noah Olmos	FR	26:32.6		
5	9	6303 Morgan Fowler	FR	26:57.2		
6	( 19)	6307 Joseph Riddle	FR	27:42.7		
7	( 22)	6302 James Fincher	FR	28:04.3		
=====						
2.	52	Mesa	(	26:42.5	2:13:32.1	2:05.2)
=====						
1	4	6337 Flyn Fuhrmann	SO	25:35.7		
2	5	6339 Andrew McCumber	SO	26:09.6		
3	8	6336 Jalen Chee	SO	26:36.7		
4	17	6340 Bryan Mendez	FR	27:29.2		
5	18	6341 Jonathan Respress	SO	27:40.9		
6	( 27)	6342 Owen Jackson	FR	29:20.8		
7	( 30)	6338 Victor Villalvazo	FR	33:14.4		
=====						
3.	68	Paradise Valley	(	27:13.5	2:16:07.4	0:13.6)
=====						
1	10	6352 Rsumn Miller	SO	27:04.6		
2	13	6353 Jihad Nodman	FR	27:11.1		
3	14	6350 Brycen Brown	FR	27:16.0		
4	15	6356 Mark Wogan	FR	27:17.5		
5	16	6355 Christian Tamura	FR	27:18.2		
6	( 24)	6354 William Ryan-Johnson	FR	28:33.2		
=====						
4.	97	Pima	(	28:15.7	2:21:18.4	3:00.8)
=====						
1	11	6365 Juan Miranda	SO	27:05.6		
2	12	6364 Aaron Espinoza	SO	27:09.2		
3	21	6363 Alex Corrales	FR	27:49.9		
4	25	6368 Zach Zobak	FR	29:07.3		
5	28	6366 Brandon Moreno	FR	30:06.4		
=====						
5.	104	Glendale	(	28:43.3	2:23:36.3	5:25.1)
=====						
1	6	6323 Logan Harris	SO	26:28.0		
2	20	6325 Muhoza Ndimubera	FR	27:49.8		
3	23	6324 Brandon Jirak	SO	28:08.9		
4	26	6322 Fidel De Los Rios	FR	29:16.5		
5	29	6327 Chris Parsons	FR	31:53.1		
6	( 31)	6328 Paul Vega-Soto	FR	33:32.0		
7	( 32)	6326 Glen Osborn	FR	34:23.4		

Incomplete Teams:

Estrella Mountain

6311 Bryan Brown SO, 6314 Alan Winter FR, 6312 Axel Roman SO, 6313 Anthony Vela SO

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Event 2 Women 5K Run

Place	TmPl	Bib	Name	Year	School	Finals	Pace
1	1	6155	Makayah Richard	FR	Central Arizona	18:26.6	5:57
2	2	6300	Alicia Honyumtewa	FR	Central Arizona	18:33.6	5:59
3	3	6153	Lesego Mpshe	SO	Central Arizona	18:44.2	6:02
4	4	6344	Meghan Barney	FR	Paradise Valley	18:54.2	6:06
5	5	6348	Taylor Lowry	SO	Paradise Valley	18:57.1	6:06
6	6	6329	Ellis Collins	FR	Mesa	19:04.3	6:09
7	7	6332	Tanaeya Johnson	FR	Mesa	19:20.1	6:14
8	8	6151	Tshwanelo Maruping	SO	Central Arizona	19:26.8	6:16
9	9	6318	Kjersti Jenks	FR	Glendale	19:27.7	6:16
10	10	6154	Taylor Murphy	SO	Central Arizona	19:45.6	6:22
11	11	6335	Gabby Wiswell	FR	Mesa	19:50.0	6:23
12	12	6330	Elisia Escanuela	FR	Mesa	19:52.7	6:24
13	13	6150	Ariz Duarte	FR	Central Arizona	19:59.7	6:27
14	14	6333	Maggie Orr	SO	Mesa	20:02.0	6:27
15		6308	Celicia Sermeno	FR	Estrella Mtn	20:07.4	6:29
16	15	6331	Nijillanaa Hunter	SO	Mesa	20:16.4	6:32
17	16	6349	Ellissa Lucas	FR	Paradise Valley	20:20.2	6:33
18	17	6152	Janaya McIntosh	SO	Central Arizona	20:21.9	6:34
19	18	6347	Jaeda Honani	FR	Paradise Valley	20:49.7	6:43
20	19	6346	Rilie Fairley	SO	Paradise Valley	21:14.9	6:51
21	20	6359	Janae Quihuis	SO	Pima	21:20.0	6:52
22	21	6360	Iriana Sanchez	SO	Pima	21:23.1	6:53
23	22	6358	Rainbow Hoss	SO	Pima	21:35.2	6:57
24	23	6345	Veronica Casuse	FR	Paradise Valley	22:07.2	7:08
25	24	6343	Leiah Andrews	FR	Paradise Valley	22:15.9	7:10
26	25	6334	Kaysinee Shirley	SO	Mesa	22:16.3	7:11
27	26	6316	Melissa Armentia	FR	Glendale	22:23.3	7:13
28		6310	Kamila Yaine	FR	Estrella Mtn	22:58.9	7:24
29	27	6315	Candy Quintero	FR	Glendale	22:59.4	7:24
30	28	6320	Ashlie Rivera	FR	Glendale	23:54.7	7:42
31	29	6361	Carolina Vega-Picos	FR	Pima	24:19.7	7:50
32	30	6321	Nicole Sanford	SO	Glendale	24:29.6	7:53
33	31	6317	Mariah Dodson	FR	Glendale	24:32.4	7:54
34	32	6357	Alysa Canez	FR	Pima	26:50.9	8:39
35	33	6319	Alex Maddux	FR	Glendale	30:47.8	9:55

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Team Scores

=====					
1.	24	Central Arizona	(	18:59.4	1:34:56.8 1:19.0)
=====					
1	1	6155 Makayah Richard	FR	18:26.6	
2	2	6300 Alicia Honyumtewa	FR	18:33.6	
3	3	6153 Lesego Mpshe	SO	18:44.2	
4	8	6151 Tshwanelo Maruping	SO	19:26.8	
5	10	6154 Taylor Murphy	SO	19:45.6	
6	( 13)	6150 Ariz Duarte	FR	19:59.7	
7	( 17)	6152 Janaya McIntosh	SO	20:21.9	
=====					
2.	50	Mesa	(	19:37.9	1:38:09.1 0:57.7)
=====					
1	6	6329 Ellis Collins	FR	19:04.3	
2	7	6332 Tanaeya Johnson	FR	19:20.1	
3	11	6335 Gabby Wiswell	FR	19:50.0	
4	12	6330 Elisia Escanuela	FR	19:52.7	
5	14	6333 Maggie Orr	SO	20:02.0	
6	( 15)	6331 Nijillanaa Hunter	SO	20:16.4	
7	( 25)	6334 Kaysinee Shirley	SO	22:16.3	
=====					
3.	62	Paradise Valley	(	20:03.3	1:40:16.1 2:20.7)
=====					
1	4	6344 Meghan Barney	FR	18:54.2	
2	5	6348 Taylore Lowry	SO	18:57.1	
3	16	6349 Ellissa Lucas	FR	20:20.2	
4	18	6347 Jaeda Honani	FR	20:49.7	
5	19	6346 Rilie Fairley	SO	21:14.9	
6	( 23)	6345 Veronica Casuse	FR	22:07.2	
7	( 24)	6343 Leiah Andrews	FR	22:15.9	
=====					
4.	120	Glendale	(	22:39.0	1:53:14.7 5:01.9)
=====					
1	9	6318 Kjersti Jenks	FR	19:27.7	
2	26	6316 Melissa Armentia	FR	22:23.3	
3	27	6315 Candy Quintero	FR	22:59.4	
4	28	6320 Ashlie Rivera	FR	23:54.7	
5	30	6321 Nicole Sanford	SO	24:29.6	
6	( 31)	6317 Mariah Dodson	FR	24:32.4	
7	( 33)	6319 Alex Maddux	FR	30:47.8	
=====					
5.	124	Pima	(	23:05.8	1:55:28.9 5:30.9)
=====					
1	20	6359 Janae Quihuis	SO	21:20.0	
2	21	6360 Iriana Sanchez	SO	21:23.1	
3	22	6358 Rainbow Hoss	SO	21:35.2	
4	29	6361 Carolina Vega-Picos	FR	24:19.7	
5	32	6357 Alysa Canez	FR	26:50.9	

Incomplete Teams:

Estrella Mountain

6308 Celicia Sermenon FR, 6310 Kamila Yaine FR